

MEDICAL UNIVERSITY OF THE AMERICAS



2024-2025



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### Find Your Perfect Study Haven!

The island of Nevis, a Caribbean gem, boasts pristine beaches, lush landscapes and a rich history. It's ideal for medical students and nature lovers who enjoy tranquility and tropical beauty. Welcome to your perfect study haven and home away from home on Nevis!

# Welcome to Medical University of the Americas

Medical University of the Americas is located on the beautiful island of Nevis. Picturesque and safe, Nevis is the perfect locale for medical students looking for both an exceptional education and enriching life experience. As one of the islands that make up the twin island Federation of St. Kitts and Nevis, Nevis is part of a volcanic island chain that stretches along the eastern side of the Carribean Sea, where it meets the Atlantic Ocean. Tourists come to Nevis to enjoy the warm Carribean water, bask on the white sand beaches, hike in the beautiful tropical forest, snorkel among the reefs and explore historical edifices from the sugar cane era that dot the island. Nevis is also well known for its excellent restaurants and charming inns — a treat for visitors and med students alike!

With all it has to offer, Nevis is a captivating oasis in which to pursue your medical studies.

TO LEARN MORE, VISIT THE NEVIS TOURISM WEBSITE AT: NEVISISLAND.COM



# Welcome to Nevis

#### Dear Students,

As Premier, let me be the first to officially welcome you to the island of Nevis and to the prestigious Medical University of the Americas (MUA). Nevis has had a long and mutually beneficial association with MUA and I am delighted that you have chosen to study at MUA and in Nevis.

Our island is famous for its hospitality and for being the birthplace of U.S. Founding Father and first Secretary of the U.S. Treasury, Alexander Hamilton. We hope that you will find time to enjoy our natural environment, our incredible cuisine and take a dive into the island's history. May the sights and sounds of Nevis be forever etched in your memory as you embark on this new chapter in your life. I wish you every success in your studies.

Warm regards,

Mark Brantley, Premier of Nevis





# Housing

This guide has been created by the MUA housing department to help you choose the locally-owned accommodations that work best for you and facilitate your stay on Nevis during your studies.

Nevis is accesible by air through the Vance Amory International Airport, or via the Robert L. Bradshaw (RLB) International Airport on our sister island St. Kitts and then a short hop by boat across The Narrows. The island of Nevis, and particularly the Parish of St. James, hosts a wide range of housing accommodations tailored to students. Your budget and housing requirements will help guide your selection of the best accommodation. The majority of the housing available to our students is within walking distance of the campus. All housing options are off campus and privately owned.

The housing department encourages students to reach out to us **(housing@mua.edu)** prior their arrival on the island. This communication allows us to support the evaluation and selection of student housing options, as well as let us know when students will arrive so we can facilitate their journey after landing on St. Kitts or Nevis.

Upon arrival on St. Kitts, students will be greeted by Ms. Daisy Jones, who is our contact there for incoming students. Ms. Jones ensures that all confirmed students have arrived, transports them to the boat and communicates with the Housing Coordinator who arranges transportation in Nevis for arriving students.

- (i) contact information
- ⋈ housing@mua.edu
- **a.cumberbatch@mua.edu** (Housing Coordinator)

Ms. Jones will be outside the customs area with an MUA sign and she will direct students to a pre-arranged taxi. Taxi rates are approved by the Ministry of Tourism and are as follows (cash only):

- Transport of 1 4 persons: \$40 USD
- Any number over the 4 persons would be an extra \$10 USD per person.

This is the cost you should be guided by.

The taxi from the airport will take you directly to the water taxi pier at Reggae Beach, followed by a short 7-10 minutes boat ride to Nevis. Do note that you are responsible for paying the water taxi, which is usually \$20 USD and then an additional \$2 USD for each piece of luggage. Water taxis usually accept payment by card, although it is advisable to have some cash on-hand just in case. They also offer help with handling your luggage should you need a hand.

### Upon your arrival on Nevis, one of our school vans labelled with the university name and logo will be waiting to take you to the student home you pre-arranged.

If you arrive directly on Nevis via the Vance Armory International Airport, Andrew Cumberbatch, MUA Housing Coordinator, will provide support by arranging for a ride to take you to your accommodations.





## Prudential Apartments

#### O LOCATION: Potworks

(\$) COST PER PERSON (PER MONTH):

Smaller unit \$800 USD – \$835 USD Larger unit \$900 USD – \$935 USD Payment required in advance for a full semester

- DISTANCE FROM CAMPUS: 500m (6 minutes walk)
- TYPE OF ACCOMMODATION: One Bedroom

Prudential Properties is comprised of two apartment buildings, with one having larger units than the other.

The units in both buildings are fully furnished.

The larger units have a sofa and the smaller units have a single deep chair in the living area.

Units have full bathrooms that are furnished with shower curtains and bath mats.

### 💾 AMENITIES

- Full size bed
- Refrigerator
- Television
- Sofa
- Ceiling fans
- Dining table
- Shared laundry room
- Standing shower
- Mirror and vanity
- Waste bin
- Desk and chair
- Chest of drawers
- Air conditioning (bedroom only)
- Closet
- Microwave
- Stove
- Free high-speed internet
- Free cable TV
- Free cooking gas
- Free water
- Maintenance and spacious parking
- 24 hours surveillance system with periodical nightly security patrol
- Backup generator

(i) CONTACT INFORMATION: Janice Lawrence

- 📞 TELEPHONE: +1 869.663.0930
- **EMAIL:** prudentialnevis@gmail.com
- **WEBSITE:** nevishousing.com

Tenants are responsible for the cost of their own electricity consumption. All units are individually metered.

## University Apartments

- OCATION: Potworks
- (\$) COST PER PERSON (PER MONTH): Building A: \$950 USD Building A (renovated): \$1045 USD Building B: \$1125 USD
- DISTANCE FROM CAMPUS: 600m (8 minutes walk)
- **TYPE OF ACCOMMODATION:** One Bedroom

An all-inclusive "home away from home" for student-tenants. These units are ultra-modern and take into consideration all the needs of students studying away from their home country. The property is fenced, with limited access for the general public. The entire property is under security camera surveillance.

All units are one-bedroom, one-bathroom apartments. University Apartments provides twice-monthly housekeeping services.

There is a back-up generator on the property. In case of a power interruption, our student-tenants can be confident that their study time will not be disrupted.

#### 삼 AMENITIES

- Full size bed (Building A)
- Queen bed (Building B)
- Night stand
- Dresser and mirror
- Full size kitchen (countertops vary in each unit)
- Coffee maker
- Electric kettle
- Full size refrigerator
- 30" gas stove with oven
- Microwave
- Toaster oven
- Spacious living/dining area
- Washer/dryer within each unit
- Resort quality flatware & kitchen utensils
- One Sofa, one chair
- Dining table with four chairs
- Bath and bedroom linen
- Air conditioning (bedroom only)
- Study desk and chairs
- Ironing board and iron
- 32" television
- 24-hour security cameras
- Back-up generator
- Gated (electronic access for vehicles at main entrance)

(i) CONTACT INFORMATION: Nigel Hanley

- **C TELEPHONE:** +1 305.297.3089
- **EMAIL:** nigel@ectradingsales.com
- **WEBSITE:** universityapartmentsnevis.com



## Gardenview Apartments

- **OCATION:** Potworks
- (\$) COST PER PERSON: \$1100 USD per month
- DISTANCE FROM CAMPUS: 300m (2 minutes walk)
- ☆ TYPE OF ACCOMMODATION: One Bedroom

Newly built with eight modern, single unit apartments in a two-story complex, Gardenview Apartments is spacious and within two minutes walking distance to the medical school. Ample parking is available and cleaning services are provided twice per month.

All apartments are one bedroom and come with fully furnished kitchens, living rooms and bathrooms. Washer and dryer machines are also in the apartment.

### 🖽 AMENITIES

- Full size bed
- Refrigerator
- Television
- Sofa
- Ceiling fans
- Dining table
- Washer and dryer in each unit
- Standing shower
- Mirror and vanity
- Pots and pans
- Plates, bowls and cups
- Nightstand
- Desk and chair
- Air conditioning
- Closet
- Electric stove
- Free high-speed internet
- Free cable TV
- Free cooking gas
- Free water
- Maintenance and spacious parking.
- 24-hours surveillance system

(i) CONTACT INFORMATION: Elizabeth Thomas

- **S TELEPHONE:** +1 869.662.7201
- EMAIL: tlathen@yahoo.com

Tenants are responsible for the cost of their own electricity consumption. All units are individually metered.

## LaVida Apartments

- **OCATION:** Potworks
- (\$) COST PER PERSON: \$800 USD per month
- DISTANCE FROM CAMPUS: 500m (4 minutes walk)
- TYPE OF ACCOMMODATION: One Bedroom

All one-bedroom suites are fully furnished! Residents enjoy living minutes away from Medical University of the Americas, beaches, island van services and much, much more.

We have spaces made for living your best student-life! Enjoy your home and entertain your friends/family in an open living area. You will love the upgraded kitchens our apartments offer, which come complete with dark wood cabinetry, highend counter tops, stainless steel fixtures and state-of-the-art appliances — you'll feel like a gourmet chef when you prepare your meals!

### 남 AMENITIES

- Full size bed
- Night stand
- Dresser and mirror
- Full size kitchen
- Full size refrigerator
- 24" Gas stove
- Microwave
- Kitchen features bar stools/sitting area
- Shared laundry facilities
- Two armchairs
- Air conditioning (bedroom only)
- Study desk and chair
- 32" television
- 24-hour security cameras
- Two back-up generators

(i)	<b>CONTACT INFORMATION:</b> Billy Claxton
S	TELEPHONE: 1-869-662-8660
$\bowtie$	EMAIL: lavidapotworks@gmail.com
⊕	<b>WEBSITE:</b> lavidapotworksnevis.com



## **Blue Reef Apartments**

- **LOCATION:** Potworks
- (\$) COST PER PERSON: \$600 USD per month
- DISTANCE FROM CAMPUS: 700m (8 minutes walk)
- TYPE OF ACCOMMODATION: One Bedroom

Within relatively close walking distance of the medical school, Blue Reef Apartments provide a home-like feel for your stay on Nevis. All six apartments are one-bedroom, fully furnished and very reasonably priced.

### 삼 AMENITIES

- Full size bed
- Refrigerator
- 32-inch television
- Sofa
- Ceiling fans
- Dining table
- Washer and dryer (shared)
- Standing shower
- Mirror and vanity
- Waste bin
- Desk and chair
- Chest of drawers
- Air conditioning (bedroom only)
- Closet
- Microwave
- Stove
- Free high-speed internet
- Free cable TV
- Free cooking gas
- Free water
- Maintenance and spacious parking.
- 24-hours surveillance system

(i) CONTACT INFORMATION: Winston Perkins

- **C TELEPHONE:** +1 869.664.6536
- **EMAIL:** perkinsiwinston@gmail.com

Tenants are responsible for the cost of their own electricity consumption. All units are individually metered.

## **Horizon Views Apartments**

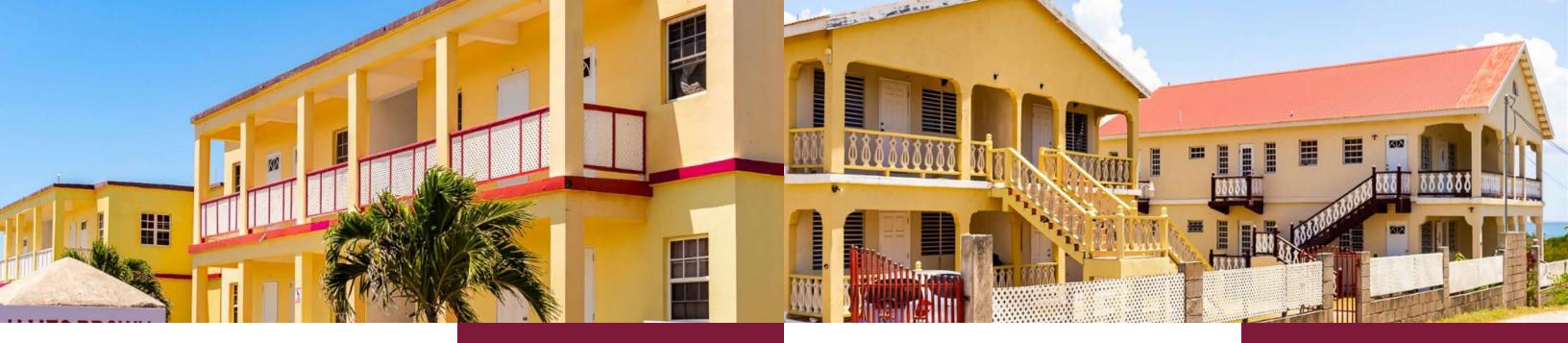
- **DCATION:** Potworks
- (\$) COST PER PERSON: Big Studio \$550 USD; One Bedroom – \$650 USD; Double – \$1100 USD per month or \$550 USD per student
- DISTANCE FROM CAMPUS: 500m (4 minutes walk)
- **TYPE OF ACCOMMODATION:** One Bedroom, Studio, Two Bedroom

Horizon View is in close proximity to the medical school. Each double apartment costs \$1000 USD per month, and features two separate bedrooms and one bathroom. There is also a standby generator on-site and free laundry with washer and dryer. The laundry room is in the building but not attached to the apartment.

### 삼 AMENITIES

- Full size bed
- Refrigerator
- 55-inch television
- Sofa
- Ceiling fans
- Dining table
- Washer and dryer (shared)
- Standing shower
- Mirror and vanity
- Waste bin
- Desk and chair
- Chest of drawers
- Air conditioning (bedroom only)
- Closet
- Microwave
- Stove
- Free high-speed internet
- Free cooking gas
- Free water
- Maintenance and spacious parking

### (i) CONTACT INFORMATION: Billy Claxton **TELEPHONE:** +1 869.662.8660 **EMAIL:** lavidapotworks@gmail.com **WEBSITE:** lavidapotworksnevis.com



### James Brown Apartments

ACCOMMODATION FURTHER AWAY FROM CAMPUS

- DCATION: Camps (Almond Garden)
- (\$) COST PER PERSON: \$375 USD per month
- DISTANCE FROM CAMPUS: 1.9km (5 minutes drive)
- TYPE OF ACCOMMODATION: One Bedroom

Our 16 one-bedroom apartments are all identical in size, furniture and design. Eight apartments are on the ground floor and eight are on the top floor.

Our location features tranquil ocean views, fully furnished units, air conditioning, a fenced yard and available parking. Each apartment has its own back porch, affording students a relaxing place to study or just unwind. The apartments also feature fully furnished, spacious air-conditioned rooms with Wi-Fi and cable TV. The apartments also boast laundry facilities, fast broadband throughout the building and private entry to your own self-contained apartment.

When it comes to choosing your accommodation, few places can beat James Brown Apartments, situated at Almond Gardens!

### AMENITIES

- Full size bed
- Refrigerator
- Sofa
- Dining table
- Washer and dryer
- Standing shower
- Mirror and vanity
- Waste bin
- Desk and chair
- Chest of drawers
- Air conditioning (bedroom only)
- Closet
- Microwave
- Oven
- Maintenance and spacious parking

(i) CONTACT INFORMATION: Juliet O'loughlin

- **C TELEPHONE:** +1.869.662.8792
- EMAIL: first1choice@hotmail.com
- **WEBSITE:** jb.bestinvestuk.com

Tenants are responsible for the cost of their own electricity consumption. All units are individually metered. Water, Internet, Cooking Gas.

## Sunset Apartments

ACCOMMODATION FURTHER AWAY FROM CAMPUS

- OCATION: Newcastle
- (\$) COST PER PERSON: One Bedroom unit \$475 USD Two Bedroom units \$450 USD per person
- DISTANCE FROM CAMPUS: 850m (3 minutes drive)
- **TYPE OF ACCOMMODATION:** 1 Bedroom

Located in Newcastle, a short walk from the airport and Runway Grill, Sunset Apartments offer privacy and beautiful ocean and mountain views. These apartments contain one and two bedroom units, each with a bathroom for each bedroom. Large, spacious bedrooms feature air conditioning, queen size bed, large closets, a dresser and nightstand. Also in each unit, the living/dining/kitchen area contains a refrigerator, microwave, utensils, plates, cups and cookware. Excitingly, the units also have a bathroom tub and private porch area!

No need to worry about the distance as the school van collects and drops off students from the apartments, between Monday and Friday.

#### 💾 AMENITIES

- Queen size bed
- Refrigerator
- Television
- Sofa
- Ceiling fans
- Dining table
- Washer and dryer within each unit
- Standing shower
- Mirror and vanity
- Waste bin
- Pots and pans
- Plates and bowls, cups, utensils
- Nightstand
- Desk and chair
- Chest of drawers
- Air conditioning (bedroom only)
- Closet
- Stove
- Free high-speed internet
- Free cable TV
- Free cooking gas
- Free water
- Maintenance and spacious parking

(i) CONTACT INFORMATION: Andrea Nicholls-Tyson

- **C TELEPHONE:** 1-869-664-9103
- **EMAIL:** awcnt70@hotmail.com



### Sydney's Apartments

ACCOMMODATION FURTHER AWAY FROM CAMPUS

- DCATION: Rawlins Pasture
- (\$) COST PER PERSON: \$550 USD per month
- DISTANCE FROM CAMPUS: 3.6km (7 minutes drive)
- TYPE OF ACCOMMODATION: One Bedroom

Located in the quiet neighborhood of Rawlins Pasture, Sydney's Apartments are all separate units within a single building. Doors are secured with deadbolts for safety and privacy, and the kitchen is separate from the living suites to reduce disruption. The apartment building is within a 10 min drive of the school and the school van can also be scheduled for those without transportation. A major highlight is the front and back porches, with beautiful views of the seaside and mountain. Perfect for relaxation and enjoyment!

### AMENITIES

- Full size bed
- Refrigerator
- Television
- Sofa
- Ceiling fans
- Dining table
- Washer and dryer in each unit
- Standing shower
- Mirror and vanity
- Waste bin
- Pots and pans
- Plates and bowls, cups, utensils
- Nightstand
- Desk and chair
- Chest of drawers
- Air conditioning (bedroom only)
- Closet
- Gas stove
- Free high-speed internet
- Free cable TV
- Free cooking gas
- Free water
- Maintenance and spacious parking
- Bed sheets and linen not provided
- (i) CONTACT INFORMATION: Steadroy Pemberton, Melissa Pemberton
- **TELEPHONE:** +1 869.662.8025 | +1 869.663.1270
- **EMAIL:** spembest@sisterisles.kn

Tenants are responsible for the cost of their own electricity consumption. All units are individually metered.

## Sylville Apartments

ACCOMMODATION FURTHER AWAY FROM CAMPUS

- OCATION: Nisbett Settlement
- (\$) COST PER PERSON: One Bedroom \$650 USD; Two Bedroom \$1320 USD; One Bedroom (upstairs) \$600 USD
- DISTANCE FROM CAMPUS: 2.9km (5 minutes drive)
- TYPE OF ACCOMMODATION: One Bedroom; Two Bedroom

Located in the Nisbett Settlement area (right behind the police station) and just a 5 min drive or 15-20 min walk from the medical school, is Sylville Apartments. With views of Mount Nevis and surrounding areas, this apartment is best for students who want peace and quiet. The yard is full of a variety of plants and fruits trees, and each apartment also has a porch for days when you just want to relax.

Your landlord, Hilary Lightfoot, is friendly and ready to help with any request.

Cleaner provided one day a month for an additional cost.

### ▲ AMENITIES

- Full size bed
- Night stand
- Dresser and mirror
- Full size kitchen
- Full size refrigerator
- Gas stove
- Microwave
- Spacious living/dining area
- Washer/dryer unit (shared)
- Resort quality flatware & kitchen utensils
- One Sofa, One chair
- Dining table with four chairs
- Air conditioning (bedroom only)
- Study desk and chairs
- Ironing board and iron
- Complimentary UAN bathrobe
- 32" television
- Back-up generator
- Fenced yard
- Electric fence

i	CO
S	TEL

- **CONTACT INFORMATION:** Hilary Lightfoot
- **TELEPHONE:** +1.869.663.0965
- EMAIL: angeltaxi@hotmail.com



## The Cottons

ACCOMMODATION FURTHER AWAY FROM CAMPUS

- ( LOCATION: Rawlins Pasture
- (\$) COST PER PERSON: \$550 USD per month
- DISTANCE FROM CAMPUS: 4.2km (6 minutes drive)
- TYPE OF ACCOMMODATION: Two Bedroom

This unique location features four well-maintained apartments in total, each a mirror image of the others. Every apartment has two large separate bedrooms with their own ensuite bathrooms, large spacious lounges and fully equipped kitchens. Each bedroom features a queen size bed, desk and walk-in closet. A large car park is available for those with transportation. Most of our apartments have ocean views and all are completely fly screened. All bedrooms have air conditioning and it should be noted that this part of the island is well known for its cooling breeze. Each apartment also benefits from a sizeable veranda.

The apartments are also fully equipped with all cooking utensils, and appliances and stainless steel or granite worktops. Bed linen is provided. Ceiling fans and additional fans are available if required. A high-capacity generator is on-site for power outages.

### AMENITIES

- Queen size bed
- Refrigerator
- Television
- Sofa
- Ceiling fans
- Dining table
- Washer and dryer in each unit
- Standing shower
- Mirror and vanity
- Waste bin
- Pots and pans
- Plates and bowls, cups, utensils
- Nightstand
- Desk and chair
- Chest of drawers
- Air conditioning (bedroom only)
- Walk-in closet
- Gas stove
- Free cable TV
- Free cooking gas
- Free water
- Maintenance and spacious parking

(i) CONTACT INFORMATION: Myra Williams

- **TELEPHONE:** +1 869.663.6296
- EMAIL: kairaw3@yahoo.com
- **WEBSITE:** nevis-accommodation.com

Tenants are responsible for the cost of their own electricity consumption. All units are individually metered.

### Clive Evelyn Apartments

ACCOMMODATION FURTHER AWAY FROM CAMPUS

- DICATION: Shaw's Road, Newcastle
- (\$) COST PER PERSON: \$450 USD per month
- DISTANCE FROM CAMPUS: 4.4km (8 minutes drive)
- **TYPE OF ACCOMMODATION:** One Bedroom

Located in Newcastle, Shaw's Road, St. James Parish in Nevis, this apartment complex is a 7-10 min drive from the school. Built within a quiet community, it features eight total units, four in each building.

#### 삼 AMENITIES

- Queen size bed
- Refrigerator
- Television
- Sofa
- Ceiling fans
- Dining table
- Washer and dryer in each unit
- Standing shower
- Mirror and vanity
- Waste bin
- Pots and pans
- Plates and bowls, cups, utensils
- Nightstand
- Desk and chair
- Chest of drawers
- Air conditioning (bedroom only)
- Closet
- Stove
- Free high-speed internet
- Free cable TV
- Free cooking gas
- Free water
- Maintenance and spacious parking

(i) CONTACT INFORMATION: Clive Evelyn

- **TELEPHONE:** +1 869.662.9097
- **EMAIL:** cliveevelyn@hotmail.com

Electricity: The landlord pays the electricity bills which is then pass on to the tenants. Internet: Tenants are responsible for paying.

### Rights and Responsibilities

It is important to know your rights and responsibilities, and what to do if something were to go wrong.

#### As a tenant you are expected to:

- Pay your rent on time.
- Keep your rental unit clean.
- Avoid causing any damage and pay for the repairs of any damage you cause.
- Keep noise to a minimum parties and music can disturb your neighbors.
- Contact your landlord as soon as you can when there is a serious problem in the unit needing repair or service.
- Respect your neighbors' right to peace and enjoyment of their property.
- Allow your landlord entry to your space for repairs (with notice).

#### Landlord and tenant rights and responsabilities:

The Small Tenements Act and The Rent Restriction Act are statutory laws of St. Kitts and Nevis that help to protect the rights of both the landlord and tenant. Students are encouraged to read and ensure they understand these laws. A copy of both these laws can be provided at the Administration Building on campus, or via the following links:

#### **Small Tenements Act**



TO LEARN MORE, SCAN THE QR CODE

 $law commission.gov. kn/wp-content/documents/Act02 and 09 {\sf TOC/Ch-10\_18-Small-Tenements-Act.pdf}$ 

#### **Rent Restriction Act**



TO LEARN MORE, SCAN THE QR CODE

lawcommission.gov.kn/wp-content/documents/Act02and09TOC/Ch-18\_29-Rent-Restriction-Act.pdf

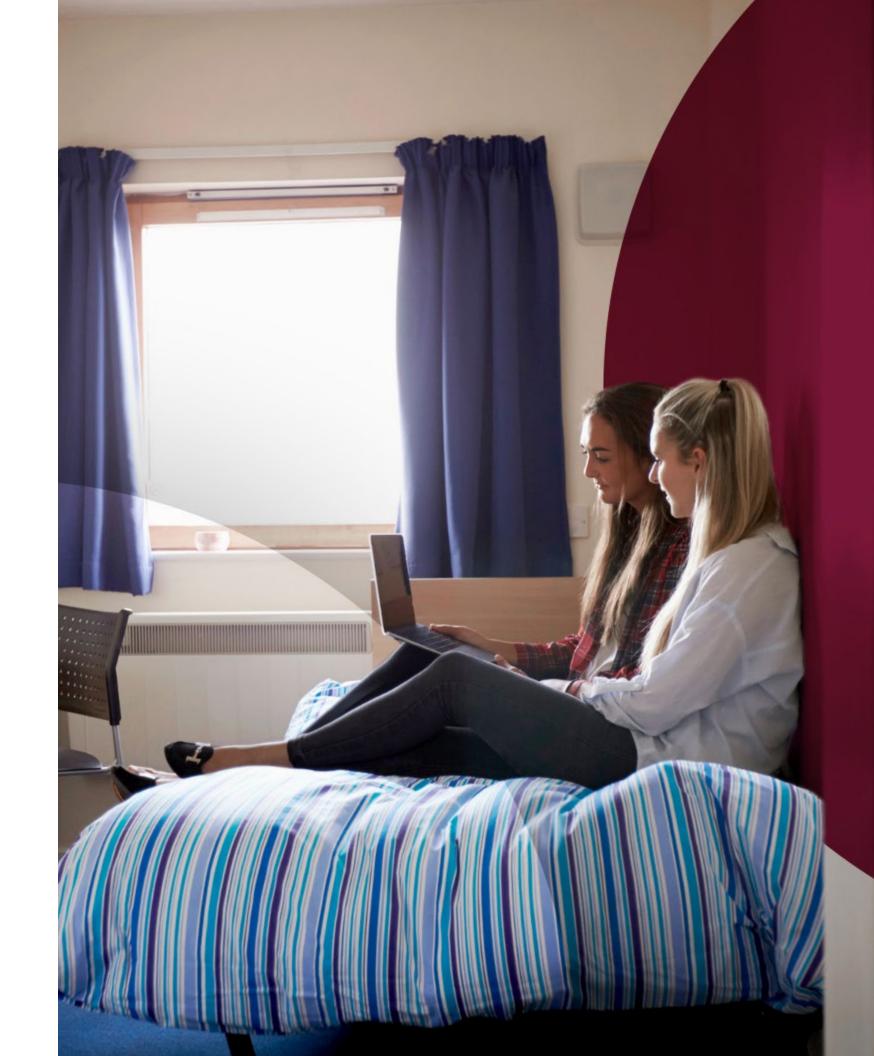
If you do have an issue with your landlord or with the unit, it is important to communicate with your landlord first to try and resolve any issues. Keep a record of conversations, texts or emails, and take pictures when there are maintenance issues.

### **Estimated** *Living Expenses*

The information below details a range of costs associated with different utilities/services. Estimates are provided based on assumed low-end, average and high-end usage. All estimated prices are listed in USD and based on a one-person living situation. A family or group of students sharing an apartment would cause costs to vary significantly

APPROXIMATE MONTHLY COST (ONE PERSON)				
	LOW	MEDIUM	нідн	
Rent	\$500	\$800	\$1100	
Food	\$100	\$250	\$350	
Utilities*		\$80-120		
Phone Service	\$5	\$30	\$60	
Internet Service		\$40-60		
Transportation	\$3	\$10	\$40	

\*Electricity cost depends on a range of factors, including air conditioning, appliances used, lights, etc. This cost can vary from month to month.



### **Transportation Options**

There is no public transportation on Nevis. However, there are private vans that run along the main road into the heart of Charlestown. These vans are identified by a green license plate beginning with the letter H. Cash is the only accepted payment method when using this mode of transportation. Prices range from \$3 - \$5 USD per trip, depending on distance.

Taxis are also available, however they are more expensive. Uber, although unofficial on Nevis, can be found as well. These services range from \$5 - \$10 USD per trip, depending on the distance.

#### **Taxi Options:**

- **C THE ROYAL DIADEM:** +1 869.767.9072
- S NICK@NITE TAXI SERVICES: +1 869.668.8842

Rental or leased vehicles are also available. Businesses such as M&M Car Rental and Nevis Car Rentals have a wide variety of vehicles for rent or lease once you possess a valid temporary driver's license.

Medical University of the Americas provides a private van service that takes students to and from their homes. This van service is operated on a set schedule from 7:00 a.m. to 11:30 p.m. and does not operate outside of the schedule.

### Students can be picked up in the morning and brought to campus, then returned home in the evening.

### **Grocery Stores** and Pharmacies

There are three major grocery stores on the island, namely RAMS, Horsford's Valuemart (or IGA) and Best Buy. These stores are only located in Charlestown, with the exception of Best Buy having another branch in Gingerland. Many students frequent RAMS and Valuemart as they stock many of the items that would be found in U.S. and Canadian stores.

Horsford's Valuemart, City Drug Store and Evelyn's Drug Store are the three pharmacies on the island, also located in Charlestown.

#### Shopping list example:

In the chart below, we've shared examples of the costs you can expect from some commonly purchased items. The prices are in ranges, considering there can be variations in product sizes and brands.

ESTIMATED GROCERIES EXPENSES				
ITEMS	COST USD			
Water	\$2 - \$11			
Milk	\$3 - \$10			
Bread/Bagels	\$1 - \$5			
Eggs	\$4 - \$5			
Cheese	\$3 - \$8			
Chicken Wing/Breast/Quarters	\$4 - \$11			
Salmon	\$20 - \$48			
Tofu	\$3 - \$5			
Rice	\$2 - \$6			
Pasta	\$3 - \$5			
Toilet Paper	\$7 - \$19			
Detergent	\$6 - \$19			
Fabric Softener	\$4 - \$12			
Shampoo	\$7 - \$12			
Cleaning Supplies	\$4 - \$17			
Condiments (Mustard/Mayonnaise etc.)	\$3 - \$6			
Deli Meats	\$5 - \$9			
Fresh Vegetables	Starting at less than \$1			
Fresh Fruits	Starting at less than \$1			

### Cash Withdrawal

Because some businesses on Nevis are cashbased, such as the transportation vans, it is important to know where you can withdraw money. The following is a list of available ATMs:

- Republic Bank (international bank where students can acquire USD) has two ATMs: One located at their branch in Charlestown and the other is next to the RAMS supermarket, where students regularly shop.
- There is a Bank of Nevis ATM next to the Xpetrol gas station (closest to campus; 3 min drive from the school).
- There is another Bank of Nevis ATM in the Gingerland Best Buy.
- The Bank of Nevis also has three other ATMs within Charlestown, two at their main branch and another within close proximity.
- The National Bank has two ATMS: One at their branch in Charlestown and the other at the top of Pinney's Beach Road.





to learn more, scan the Qr code or visit mua.edu/student-experience/housing

- (i) P.O. Box 701. Charlestown, Nevis, West Indies
- **TELEPHONE:** +1 869.469.9177 **FAX:** +1 869.469.9180
- information@mua.edu; a.cumberbatch@mua.edu (Housing Coordinator)
- 🌐 mua.edu



Medical University of the Americas is part of GUS Medical and Veterinary Schools.

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